

ARBOR CIRCLE
VETERANS OUTPATIENT COUNSELING PROGRAM

Month reporting: March 2022

Number of Veterans Served:

- There were 3 intakes during the month
- Sixteen group services were provided – this is the attendance count so some clients are duplicated in the count
- There were 92 individual therapy sessions
- There were 10 family/significant other therapy sessions
- A total of 21 Brief Addiction Monitors were completed for outcomes measurement

One client who has been in treatment for almost a year is about to reach his one-year sobriety anniversary. Another client has celebrated their one-year anniversary. A couple of clients have relapsed but continue to stay in contact and maintain some level of productivity and accountability.

Many individual sessions and groups were provided in person at Arbor Circle – the individual sessions are client choice for telehealth or in-person and most chose in-person.

Word of mouth referrals and referrals from the VA are increasing.

Group ruck participation is anticipated to increase since the weather is starting to get warm.

A few clients are out of state, temporarily, and continue to maintain sessions via telehealth while away.