



Kent County Health Connect (KCHC) is excited to co-sponsor the Family Fiesta at Roosevelt Park on August 15 from 1:00 until 4:00 p.m. This free event will be filled with fun for families and people of all ages! KCHC aims to make healthy living easier in Kent County by connecting resources and developing initiatives that focus on Healthy Eating, Active Living, Tobacco-Free Living, and Clinical Preventive Services.

Scheduled activities include:

Free snacks

Zumba

Live music and dance

Games for adults and children

Bring your own bike, for bike games and free ornaments

The YMCA Veggie Van

"Children should be getting 60 minutes of physical activity a day for good health," said Adam London, Health Officer of the Kent County Health Department. "When kids and parents play together, families can be healthier."

The event is organized by:

Roosevelt Park Neighborhood Association

Roosevelt Park Ministries

Cook Arts Center

Cook Library

Grandville Avenue Arts & Humanities

Habitat For Humanity

Hispanic Center of Western Michigan

LINC Community Revitalization, Inc

KSSN

ELNC

Roosevelt Park CRC

The Spoke Folks

The Navigators

The Edge

Voluntarios Unidos

UCOM

Plaster Creek Stewards

Wellspring Lutheran SRVS-PAILALEN

This local program is supported by the national Racial and Ethnic Approach to Community Health (REACH) program from the Centers for Disease Control and Prevention (CDC). For more on the KCHC, whose mission is to develop community partnerships to promote healthy living and improve quality of life for those who live, work, and play in Kent County, go to <http://www.kentcountyhealthconnect.org>.

Also check out:

Facebook: [KentCountyHealthConnect](#)

Twitter: @KChhealthconnect

#KicktheHabitGR #GetMovingGR