

## COVID-19 Guidelines for Staff Exposures and Symptoms

	Staff Member Presentation	Should staff member work? If not, when should staff member return to work?
<b>EXPOSURE Related Guidelines</b>	<p>Staff member is identified as a close contact of an individual with confirmed or suspected COVID-19.</p> <p><i>A close contact is defined as someone who was within 6 feet of a person with COVID-19 for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to when they were tested).*</i></p>	<p>Staff member should stay home in quarantine and monitor for symptoms for 14 days from the date of last contact with the confirmed or suspect case. Staff member can work from home if they are able to do so**.</p> <p>They should call their doctor if they develop any of the following symptoms:</p> <ul style="list-style-type: none"> <li>• Cough</li> <li>• Shortness of breath</li> <li>• Fever</li> <li>• Chills</li> <li>• Repeated shaking with chills</li> <li>• Muscle pain</li> <li>• Headache</li> <li>• Sore throat</li> <li>• New loss of taste or smell</li> </ul>
<b>SYMPTOM Related Guidelines, with No Known Exposure</b>	<p>Staff member has any of the following:</p> <ul style="list-style-type: none"> <li>• Cough</li> <li>• Shortness of breath</li> <li>• Fever</li> <li>• Chills</li> <li>• Repeated shaking with chills</li> <li>• Muscle pain</li> <li>• Headache</li> <li>• Sore throat</li> <li>• New loss of taste or smell</li> </ul>	<p>Staff member should stay at home, contact their primary care provider, and consider seeking testing. <a href="https://www.accesskent.com/Health/covid-19-testing.htm">https://www.accesskent.com/Health/covid-19-testing.htm</a></p> <p>If the test is positive, follow guidance below.</p> <p>If the test is negative, the staff member should remain home until fever free for at least 24 hours and other symptoms are improving.</p>
	<p>Staff member has a confirmed diagnosis of COVID-19.</p>	<p>Staff member should stay at home in isolation.</p> <p>Staff member can return to work after <i>at least</i> 24 hours of no fever without the use of fever-reducing medications (i.e. Tylenol®, Motrin®, etc) AND symptoms have significantly improved, AND 10 days have passed since the onset of symptoms <b>with</b> approval from their local public health department.</p>

\*See Kent County Health Department's **Contact Tracing in the Workplace** handout for further guidance

\*\*See Kent County Health Department's **What Happens When Someone Tests Positive for COVID-19** for guidance on healthcare personnel with potential exposure and critical infrastructure workers in quarantine