



## Life Reimagined Checkup Grand Rapids MI

**A free workshop designed to help you understand where you are in life and what your next move could be.**

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### DESCRIPTION:

Are you at a crossroads in life or thinking about “what’s next?”. If yes, then the Life Reimagined Checkup is for you!

The Kent County Department of Veterans Services will host a “Checkup” workshop especially for veterans and their families in Grand Rapids on September 9. The Checkup will help participants understand where they are in life and what their next move could be.

Participants will build connections within their community, discuss the obstacles they face and learn how they can overcome challenges. Whether their goals are work, family, or health related, participants will discover new methods to reach their aspirations, all during this 2-hour session.

The presentation is a combined effort of the Veterans Services Office, the Grand Rapids Community Foundation Encore program and AARP.

### WHEN:

Friday, September 9  
3:00PM – 5:00PM

### WHERE:

Veterans Services Office (Kent County)  
836 Fuller Ave. NE  
Grand Rapids, MI 49503

### CONTACT:

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Tel (616) 632-5722

### COST:

Free

### REGISTRATION:

<https://lifereimagined.aarp.org/events> or call the Kent County Veterans Services office at (616) 632-5722

### EVENT PAGE:

<https://lifereimagined.aarp.org/>

### WHAT IS LIFE REIMAGINED:

Life Reimagined connects users with the tools, resources and inspiration necessary to help people navigate transitions and new life phases. Developed by AARP, it encourages people to pursue their passions and live their lives to the fullest.